



dacs

DEMENTIA & AGED CARE SERVICES

Carer Support and Education Group



Our Carer Support and Education Group is an on-going facilitated encounter offered fortnightly.

Our aim is to share relevant resources and information relating to various types of Dementia including Alzheimer's disease in a safe and supportive environment.

Light refreshments will be provided at each session and attendees will have the opportunity to gain support from those with similar experiences.

Bookings are essential

To make a booking contact
Dementia and Aged Care Services
on **1800 322 767** or
enquiries@dacs.org.au

Dementia & Aged Care Services Carer Support Groups provide:

- ✓ Dementia Education
- ✓ Dementia Behaviour Management Advice
- ✓ Wellness Sessions
- ✓ Industry Information
- ✓ Strategies for Care
- ✓ Support Groups
- ✓ Online Resources

Our Carer Support Groups operate in the following regions:

- ✓ Batemans Bay
- ✓ Goulburn
- ✓ Queanbeyan
- ✓ Hamlyn Terrace
- ✓ Woy Woy
- ✓ Tamworth



Dementia and Aged Care Services

PO Box 173, Ourimbah NSW 2258
Ph: 1800 322 767

AQ Dementia Help Line - 24hrs/7days
Free call: **1800 639 331**

Email: enquiries@dacs.org.au
www.dacs.org.au

